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AMSLER GRID INSTRUCTIONS

- Hold the grid securely or place on flat surface about 12 inches away.
- · Wear glasses during testing, look through bifocal if needed for near.
- Cover one eye (each eye needs to be tested separately)
- Look at the center black dot for the entire test.
- While looking at the center dot, ask yourself:
 - Can I see all four corners of the large square?
 - Are any of the small squares or lines wavy, distorted, or missing?
- Repeat for your other eye.
- If you notice any changes in the appearance of the grid, please notify our office immediately.

The test should be performed ______.